



2012 Leader Guide

for Resident Camp and One Day in the Woods

Dear Camp Leaders,

Welcome to Camp Lakota's 2012 summer camp program! This leader guide is designed to provide you and your pack with information that applies to all Lakota camps. Just as last year, each program at Lakota has a single page, double-sided brochure that you can reproduce for your parents. These are located at the back of this leader guide, and copies are also available at camplakota.org

There are two different camping experiences at Lakota for Cub Scouts:

- Cub Scout Resident Camp, a 4-day, 3-night overnight camping experience for Scouts graduating into a Wolf, Bear, or Webelos Den. This year's theme is "Adventures in the Wild West", featuring program that blends that era with Cub Scouting.
- One Day in the Woods – Need a quick Scouting adventure? Then join us for One Day in the Woods! Visit Lakota for a day and get a taste of all that Lakota has to offer. The program is different each day, so you can visit for one or more days.

One of the finest elements of the Cub Scout program is its outdoor aspect. As the Northwest Suburban Council's premiere Cub Scout camping location, your Scouts will get to experience this aspect of the program at its best. The best part is that Cub Scouts can attend just one or both programs. Don't miss out on the best summer camping experiences around!

Yours in Scouting,

Matt Petrik
Director
Camp Lakota

Table of Contents

General Information

Council Camping Contacts	1
2012 Lakota Calendar	1
Who Can Attend?	1
Camp Fees.....	2
Camp Registration.....	2
Cancellations.....	2

Preparing for Summer Camp

Choose a Lakota Camping Coordinator	3
Parent and Leader Pre-Camp Meetings.....	3
Pack Preparation Timetable	3

Health and Insurance

Medications	5
Camper Insurance.....	5

<i>Camp Policies</i>	6
-----------------------------------	---

Appendix

Early Scout Release Form	9
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Resources Available Online at camplakota.org

- Camp Lakota Map
- Annual Health and Medical Record (Required for all Scouts and adults attending camp)
- Resident Camp Brochure
- One Day in the Woods Brochure

Council Camping Contacts

Camp Director: Matt Petrik
815-338-6820
summercamp@camplakota.org

Staff Adviser: Don Hough
847-824-6861
dhough@bsaemail.org

Council Service Center: 847-824-6880
www.nwsc.org

Lakota Summer Camps info: www.camplakota.org

2012 Lakota Calendar

One Day in the Woods	July 1, 2, 6, and 7
Resident Camp 1	July 12 - 15
Resident Camp 2	July 15 - 18
Resident Camp 3	July 19 - 22

Who can attend Summer Camp at Lakota?

Requirements for attending the various Lakota summer camping opportunities differ slightly. Please refer to the chart below to see which camps a Scout can attend:

Grade during the 2011-2012 School Year	Rank during the Summer of 2012	May the Scout Attend...?	
		One Day in the Woods	Resident Camp
Kindergarten	Tiger Cub	Yes, with adult partner	No
1 st Grade	Wolf	Yes	Yes
2 nd Grade	Bear	Yes	Yes
3 rd Grade	1 st Year Webelos	Yes	Yes
4 th Grade	2 nd Year Webelos	Yes	Yes
5 th Grade	Boy Scout	No, but may attend as a Den Chief.	

Bringing friends to camp is a great way to introduce them to the excitement of the Scouting program. However, to attend any of the summer camps, a boy must be registered as a member of the BSA prior to the start of camp.

Camp Fees

Event	Early Bird Paid in full by April 20, 2012		Regular Paid in full after April 20, 2012	
	Scout	Adult/Den Chief	Scout	Adult/Den Chief
Resident Camp	\$175	\$95	\$200	\$105
One Day in the Woods	\$50	\$20	\$60	\$30
After June 15, 2012, please contact Camp Lakota (815-338-6820) to ensure availability.				

A Note Regarding Den Chiefs

A Boy Scout may serve as a Den Chief to his den during Day Camp. During camp, a Den Chief will receive guidance as to how he can best assist his den.

Why bring a den chief to camp? Den Chiefs:

"[are] a ready source of games, songs, skits, and skills, and he encourages the boys in their advancement" (*Scouting* magazine, October 2001)

Assist your Scouts in preparing for camp.

Work with and provide individual help to your Scouts during camp.

Serve as your own personal guide to Camp Lakota (most have been there already!).

Can be a role model and demonstrate Scout Spirit.

Camp Registration

For Resident Camp and One Day in the Woods, please complete and print your registration form online at camplakota.org. Click on "Summer Camps" and then the registration link from that page to complete the form. If you have any problems, please submit the form to the best of your ability and contact us at register@camplakota.org or 815-338-6820 to complete your registration. Payment of camp fees is only accepted by cash or check.

Cancellations

Refunds of camp fees, minus a \$50 processing fee, will be made *only* for medical reasons or a death in the family. All requests for refunds must be made in writing, include the reason for the cancellation, and sent to the Northwest Suburban Council prior to the camp session, and are subject to penalties for withdrawal. No refunds will be granted until after the conclusion of the entire camping season in August 2012. All refund requests must be received by the Northwest Suburban Council office by August 18th.

Preparation for Camp

Choose a Lakota Camping Coordinator

A pack Lakota Camping Coordinator is someone who is responsible for planning the Pack's camp experiences and recruiting Cub Scouts to attend with the Pack. Ideally, this person has attended camp at Lakota in a previous year and will be attending again this summer. If your pack plans on attending more than one session, we recommend that you have a team of coordinators where one attends each session.

Pre-Camp Leader and Parent Meeting

You are encouraged to attend all of the pre-camp meetings. The latest program planning information will be shared at these meetings. Make sure to have someone there from your Pack there that will be going to camp. Parents are also invited to attend.

Resident Camp Parent & Leader Orientation: Saturday, June 16th, 2011 Northwest Suburban Council service center, 9:00 AM.

Pack Preparation Timetable

January 5 – May 30	<ul style="list-style-type: none">❑ Review this Leader Guide.❑ Select the session(s) best suited for your Cub Scouts to enjoy the experience. Packs are encouraged to select more than one session and more than one camp experience to accommodate the needs of Scouts in your pack.❑ For Resident Camp, coordinate with your brother troop to ensure availability of tents during your chosen session(s).❑ Encourage your busier Scouts to attend One Day in the Woods for a great Scouting experience with a shorter time commitment.❑ Make your reservations. Some sessions will fill quickly, so be sure to do so early. Fill out and print your reservation forms online at camplakota.org, and then deliver them with the applicable fees to the NWSC Service Center.❑ Have a pack summer camp reservation meeting for parents. Consider showing the Camp Lakota promotional video.❑ Occasionally check the Camp Lakota website for informational updates.
April 20	<ul style="list-style-type: none">❑ Early Bird fees due to the Council Service Center.

May/June	<ul style="list-style-type: none"> ❑ Collect Annual Health and Medical Records from all participants. Make a photocopy since they will not be returned at the end of camp. ❑ Continue to promote camp attendance ❑ Make sure plans are set for all den equipment needed for Resident Camp. ❑ Confirm adult leadership
After June 15	<ul style="list-style-type: none"> ❑ Contact camp with any special dietary needs or health concerns. (These should also be listed as part of everyone's registration)
June 16	<ul style="list-style-type: none"> ❑ If attending Resident Camp, attend the Parent & Leader Orientation meeting to ask any questions and get further details about Cub Scout Resident Camp. ❑ All fees must be turned in to the Council Service Center. ❑ Anyone deciding to attend after this date must contact the Lakota Directors to ensure availability.
Two weeks before camp	<ul style="list-style-type: none"> ❑ Contact Scouts to answer any last-minute questions. <ul style="list-style-type: none"> ○ Compile a list of medical concerns and dietary needs.
Leaving for camp	<ul style="list-style-type: none"> ❑ Be sure to bring: <ul style="list-style-type: none"> ○ Annual Health and Medical Records ○ This guide ○ Maps ○ Pack equipment ○ Original medication in their original container and labeled with your pack number for every Scout and adult taking prescription medications at camp.

Health and Insurance

To ensure a safe and healthy camping experience, **all persons** attending a Lakota Summer Camp are required to have a completed Annual Health and Medical Record on file with the Camp. **NO ONE WILL BE ALLOWED TO ATTEND CAMP WITHOUT THIS SIGNED HEALTH HISTORY ON FILE.** A copy of the Annual Health and Medical Record is included with this leader guide. Additional copies can be downloaded from our web site at camplakota.org.

The Annual Health and Medical Record has three parts: A, B, and C. Parts A and B are **required** for all summer programs at Camp Lakota. Part C is **highly recommended, but not required**, for participation in Resident Camp.

Shortly after arrival at camp, the health officer will perform a medical recheck. The forms must be turned in to the Health Officer at this time. These forms **will not be returned**, as state law requires we retain them for a specific period of time.

It is also imperative that the Camp Director and Health Officer be aware of any conditions which might require attention or pose problems while at camp. Please ask the parent of each camper if there are medical concerns before camp and make a list of them. Call Camp Lakota at 815-338-6820 after June 15th to discuss any special medical or physical needs.

Qualified medical personnel will be at Camp each day of each session. This medical officer will handle minor scrapes and cuts and distribute medications. If any serious emergency arises, the camper will be taken to the local hospital for treatment.

Medications

National Camp Standards **require** the camp to store and administer all medications with the exception of those necessary for immediate relief. Medications must be in the original container with clear dosing instructions and in a bag with the Scout or adult's name and Pack number. The camp health officer will complete records of medication disbursement. It is imperative that the health officer knows of all medications that are being administered at camp.

Camper Insurance

All campers and leaders must be registered with the Boy Scouts of America. Registered members of the Northwest Suburban Council are automatically covered by the Council Accident and Insurance Plan. **Packs that are not part of the Northwest Suburban Council will be required to have proof of insurance upon arrival at camp.**

ALL INJURIES MUST BE REPORTED TO THE HEALTH OFFICER TO INSURE PROPER DOCUMENTATION AND TREATMENT.

Camp Policies

In order to provide a safe and effective program, the Northwest Suburban Council has established the following policies for the Lakota Cub Scout Summer Camps. Many of these policies are required by the National Council of the Boy Scouts of America and state and local regulations. As such, no exceptions can be made.

Camp Leadership: Packs must meet the following leadership requirements as established by the Boy Scouts of America.

1. Two adults are in attendance at camp at all times. One of these leaders must be at least 21 years old. The second leader must be at least 18 years old.
2. At least one adult must be registered with the Boy Scouts of America.
3. It is *recommended* (and **required** for Resident Camp) that a Pack have a ratio of at least one leader for every four Scouts.
4. If an emergency situation should occur requiring the adult leadership to be away from camp for some period, the Camp Director shall be notified to determine what type of alternate arrangements may be required.

Security of Personal Possessions: The security of personal possessions at camp is the responsibility of the individual. Possessions such as stereos, TV's, etc., have no place in camp. It is virtually impossible to provide security in camp for valuables (watches, jewelry or money). Please keep these items out of sight. Camp Lakota cannot be responsible for the loss of personal possessions.

Alcohol and Illegal Drugs: The consumption, possession or being under the influence of alcohol or illegal drugs at camp or while participating in the camp program is explicitly prohibited. If violation of this policy occurs, local, state, and federal laws will be enforced and appropriate law enforcement agencies will be notified. There is no exception to this policy.

Discipline in Camp: Proper behavior is the responsibility of the pack leadership. If the pack needs help, they may consult the Camp Commissioner or the Camp Director. Vandalism or injury to others will not be tolerated. The policy of the Boy Scouts of America is:

No staff member, leader, or other camper shall subject a Scout to punishment by depriving food, imposing isolation, verbal and mental harassment or hazing will not be tolerated, or the subjection of corporal punishment or abusive physical exercise as a means of punishment.

Damage to Camp Property: Camp Lakota will assess the cost of repair to a pack for any equipment damaged during their stay. Fines shall be paid prior to leaving camp. During Resident Camp, adult leadership should inspect the campsite upon arrival at the campsite and before leaving.

Damage to Live Trees: The cutting, slashing, or removal of bark from any standing tree is strictly prohibited. A fine per damaged tree will be assessed to the pack and shall be paid prior to leaving camp. Upon arrival at the campsite, adult leadership should inspect their campsite. Any existing damage should be reported to camp staff.

Vehicles in Camp: Camp roads are restricted to camp service vehicles only. For Resident Camp, vehicles are allowed into camp for a limited period of time during arrival and departure to deliver and collect your camping gear. One vehicle for every 10 participants will be allowed to enter camp. Only one vehicle per pack will be allowed beyond the camp gate at a time.

All vehicles must be parked in designated camp parking areas. Riding in the back of open trucks or otherwise unlawful areas is prohibited.

Trailers: Some packs choose to bring a trailer with all pack and personal gear packed into it. This is completely acceptable and welcome if you prefer. However, please contact Camp Lakota at 815-338-6820 or summercamp@camplakota.org after June 15th and before your camp session to let us know that you are bringing a trailer to camp so that we may place you in a campsite with space for a trailer. Trailers may be left at your campsite, but the towing vehicle must, after dropping the trailer, return to the main parking lot for the camp session.

Possession of Personal Firearms: Since October 25, 2006, personal firearms of any kind (BB guns, rifles, shotguns, and archery equipment) are not allowed at any Northwest Suburban Council camp. As such, these should not be brought to camp. In the event that a firearm is brought to camp, it must be stored (under lock and key) with the Camp Ranger until the end of the session.

Fireworks: The possession or use of fireworks at Camp Lakota is strictly prohibited.

Out-of-Council Packs: If you are attending Camp Lakota but are from outside the Northwest Suburban Council, you must provide proof of filing a Tour Plan with your home council, as well as proof of insurance.

Visitors: Visitors are always welcomed at camp. However, we do not have facilities for overnight guests. Any visitor who wants to participate must file an Annual Health and Medical Record (parts A and B) upon arrival. Please inform parents of these facts and ask for their cooperation.

Entering and Leaving Camp: All campers leaving camp for any reason must sign out at the camp office. Visitors must sign-in at the office, and sign-out when leaving.

Early Scout Departure: If a Scout is leaving camp before the end of the camp session, notification of the departure must be given to the Camp Director in writing upon arrival at Camp. Please use the included Early Release form to do so. When the Scout is to leave, he must be brought to the camp office by the pack leadership who will identify the adult with whom the Scout is leaving.

White Gas and Propane Devices: Lanterns are to be filled by adults only and used under their direct supervision.

Extra supplies must be stored with the Camp Ranger (under lock and key). Please bring all such supplies for check-in with the Ranger to the Program Center before the opening Campfire on the first evening.

Under no circumstances will **OPEN FLAMES OR FIRES** be permitted, including lanterns, in tents or screened dining flies.

Shoes should be worn in camp at all times except when in a tent, showering, or when swimming. Heelys, Crocs, and sandals are not appropriate footwear while at camp.

Two-way Communication Devices use in Camp: We request that all two-way communication devices be registered with the office so that each pack is allocated a separate channel. We also ask that only adults use these devices. If these devices are not used properly, devices may be removed from the person using them at the discretion of the camp administration. This policy includes cell phones.

Uniforms: We encourage each Pack to adopt an appropriate uniform for outdoor activities. We encourage each Pack to police its own rules regarding the wearing of the uniform. It is traditional that Scouts and registered leaders wear the uniform at flag lowering, supper, and religious services.

Telephone: In case of emergency, the camp office may be contacted at 815-338-6820. Arrangements can be made for the person in question to return the call as soon as possible.

Camp Services

Trading Post

The Trading Post is your one-stop shop for all things Cub Scouting! The "Post" will stock Cub Scout items, camping supplies, camp sundries, T-shirts, camp souvenirs, beverages, and snacks. A list of some available items for purchase will be available at the Pre- Camp Parent & Leader Planning Meeting and online at camplakota.org.

Meal Service

The camp menu is planned in consultation with a registered dietician, and is planned to best accommodate the nutritional needs and tastes of both Scouts and adults. The menu is also planned to avoid many common food allergies and dietary concerns. However, it is near impossible to plan for every possible issue. If you or your son has any dietary concerns that we should be aware of, please list them on your registration form.

Meals are served under a large "dining tent" set up on the Parade Field behind the Program Center.

Campers during One Day in the Woods receive lunch as a part of their day.

Resident Campers are served meals starting with breakfast the day after your arrival, and continuing through breakfast on the day of departure. Resident Camp also includes two "Cracker Barrels" or a snack before bedtime.

If your pack would like to cook a meal in their campsite during Resident Camp, dinner on the day you arrive is an excellent time to cook out on your own in your campsite, but we recommend that you check in at 4:00 p.m. in order to allow yourself enough time to set up and have dinner before the evening's events begin.

Religious Services

An interfaith chapel service is conducted the morning you depart Resident Camp before breakfast. This service is led by the camp chaplain or a guest preacher. A chaplain is available during each camp session to provide counseling or other services as needed or requested by campers.

Equipment and Quartermaster Supplies

Fireguard equipment (rakes, shovels, brooms, and fire buckets) are distributed to each campsite for use when a campfire is built in your site. Other equipment, such as cook kits, Dutch ovens, fire grates, and wood tools may be borrowed from the Ranger or Quartermaster. If returned clean and in good condition there is no charge for their use.

Tents are also available for rental if you do not have one of your own. This may be a great way to get families uncertain about camping to try Resident Camp, as they can lower their cost of equipment. Each tent can be rented for the weekend for \$40, and availability is limited.

One Day in the Woods

The One Day in the Woods is a one-day event showcasing all that is great about Camp Lakota. Practice your skills, such as marksmanship at the archery and BB ranges, the obstacle course, make a craft, play games, and experience the best one-day event in the Midwest!

One Day in the Woods is perfect for anyone who:

- Has never been to Lakota and wants to see the camp.
- Might not be able to fit an entire week or weekend into their summer schedule.
- Wants to spend a day outdoors.
- Wants to come to Lakota for Scouting fun!
- Tiger Cubs that want to learn more about the scouting program!

One Day in the Woods is also great for Dens or Packs working on the Cub Scout Outdoor Activity Award, providing an opportunity to attend a Day Camp setting even with Scouts who have a busy summertime schedule.

Arrival and Departure Schedule

Registration begins at 9 AM Train riders arrive at approximately 9:35 AM Opening Flag Ceremony at 9:45 AM	Closing Flag Ceremony at 4:45 PM Train riders depart at 4:45 PM Car riders depart at 5:00 PM
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The youth camp fee pays for lunch on the day of attendance, all program materials, and a participant patch. You may also pre-order your One Day in the Woods T-shirt at the discounted price of \$14. Just select the size on the registration form and these will be ready for you when you arrive at camp.

A limited supply of these shirts may be available for purchase at camp for \$16 each. **Unless you pre-order, we cannot guarantee availability.**

Camp Program

One Day in the Woods is designed as an expandable sample of what Lakota has to offer. No two One Days are identical, meaning you can attend more than one session and work on different crafts, different Scout skills, as well as get your fill of shooting sports and swimming.

Scouts are divided at camp into dens by rank with other members of their pack. This is done to provide age-appropriate activities for each age group. Depending on their rank, Scouts will participate in games at the pool, cooking, orienteering, kite-making, bead crafts, kickball, soccer, relay races, geology exploration, and more! A complete list of activities, by day, is available

Adventures for Tigers!

This program is targeted to our new Tiger Cubs to spend time with other Tiger Cubs and complete age-appropriate activities with each other. This program will be held on July 7th, but Tiger Cubs are welcomed at any One Day in the Woods.

Transportation

Participants provide your own transportation to One Day in the Woods. Many packs choose to travel by car. We encourage all Packs driving to camp to carpool, as parking availability is limited.

Some packs take utilize the Metra Northwest Line and travel to Camp by train. **This year, this option is only available for the July 2nd and 6th camps.** If you choose to travel by train, individuals are responsible for purchasing their train tickets. Camp provides a shuttle to and from the train station in Harvard for \$3 round trip. Specific train numbers will be provided in the Parent-Orientation Guide in June, as Metra's train schedule changes each spring.

We also ask that Packs do their best to arrive at Camp on-time. This will help expedite the check-in process and allow the staff to begin the day's activities promptly as scheduled.

Resident Camp

Resident Camp is the ultimate camping experience for Cub Scouts. Spending 4 days and 3 nights in the outdoors with their friends is exciting in itself. On top of that, we add a themed program that allows Scouts to use their imaginations and immerse themselves in the world of the Old West.

Arrival & Departure

Camp will be ready to check your registration and welcome you beginning at 4:00 p.m. on the day of arrival. Program ends at 9:00 a.m. on the day of departure.

The youth camp fee pays for meals starting with Cracker Barrel the day you arrive and ending with breakfast on the day you leave, all program materials, and a participant patch. You may also pre-order your Resident Camp T-shirt at the discounted price of \$14. Just select the size on the registration form and these will be ready for you when you arrive at camp.

A limited supply of these shirts may be available for purchase at camp for \$16 each. **Unless you pre-order, we cannot guarantee availability.**

Transportation

Participants provide your own transportation to Resident Camp. We encourage all Packs driving to camp to carpool, as parking availability is limited.

We also ask that Packs do their best to arrive at Camp on-time. This will help expedite the check-in process and allow the staff to begin the day's activities promptly as scheduled.

Camp Program

The camp program has a wide variety of activities that boys will rotate through in dens of similarly-aged boys. This year's activities will include a number of activities that accent the "Adventures in the Wild West" theme, including panning for gold, going on an edible plant hike, making lanterns, and more, as well as BB shooting, archery, climbing, and swimming.

Scouts will also participate in special programs including campfires, the campwide games, and special programs for specific ranks.

Adult Leadership

Cub Scout Resident Camp standards require that:

1. Each pack fulfills the minimum leadership requirements of two adults in camp.
 - a. One adult is at least 21 years of age, the second at least 18 years of age
 - b. One adult is a registered member of the BSA.
2. There are 2 adults for every 8 boys in camp.

Scout Release Request

If a Scout is leaving camp before the end of the camp session, the parent/guardian must complete the Scout Release Request form and submit it to the Camp Director upon arrival in camp. This form must be completed even if the Scout is leaving with his parent. This form should be used in handling all situations in which a Scout leaves camp property before the conclusion of the camp session.

Camper's Information

Scout's Name _____ Pack # _____ Council _____

Scout's Home Address _____

City _____ State _____ Zip _____

Explanation of Early Release

Scout is to leave at: Date: _____ Time: _____

Reason for Early Departure: _____

Adult Information

Scout is to leave with: _____ Relationship: _____

Address _____

City _____ State _____ Zip _____

You will be required to supply proof of identification at the time of departure. If someone other than yourself will be picking up your son, please inform them of this requirement.

I give my permission for my son to leave Camp Lakota with the above named adult at the specified time. In signing this request, the Northwest Suburban Council (NWSC) and parents/guardians mutually acknowledge that there will be no refund of camp fees unless deemed appropriate by the camping committee and only after a written request is made in a timely manner and in accordance with the NWSC cancellation policy; that the Council's health and accident insurance terminates with the Scout's departure from Camp Lakota; and that the BSA or its representatives shall not be liable for any loss or injury to the Scout's person or property.

Custodial Parent/Guardian Signature _____ Date _____

Address _____ Phone _____

City _____ State _____ Zip _____

(Note: In an emergency, it may not be possible for a parent/guardian to sign the release. In this event, sufficient information must be recorded attesting to the telephone call or means of communication by which word has arrived asking for the release of the Scout.)

ONSITE RELEASE

*Prior to leaving Camp Lakota, approval must be given by the Scout Leader and Camp Director.
A copy of the driver's identification must be made on the back of this form.*

Scout Leader: _____ Date _____

Camp Director or Designee: _____ Date _____